

Psalm 88

MELISSA QUAH

Psalm 16

Death toll surpasses 33,000 in Turkey, Syria

More than 33,000 people are dead in Turkey and Syria as a result of last week's earthquake and aftershocks, officials said.



A Turkish soldier walks among destroyed buildings in Hatay, on Feb. 12, 2023, after a 7.8-magnitude earthquake struck the country's southeast.

Yasin Akgul/AFP via Getty Images

Source: Yasin Akgul/AFP on abcnews.com

UNSHAKEN

He will instruct him in the way chosen for him.
 He will spend his days in prosperity, and his descendants will inherit the land.
 The LORD confides in those who fear him; he makes his covenant known to them.
 My eyes are ever on the LORD, for only he will release my feet from the snare.

Psalm 88

A song. A psalm of the Sons of Korah.
 For the director of music. Accompanied by stringed instruments.
mahalath leannoth. f A maskil.
 Heman the Ezrahite.

LORD, the God who saves me,
 day and night I cry out before you.
 My prayer come before you;
 turn your ear to my cry.

My soul is full of trouble
 and my life draws near the grave.
 I am counted among those who go down
 to the pit;

I am like a man without strength,
 set apart with the dead;
 I am the slain who lie in the grave,
 and you remember no more,
 and I am cut off from your care.

You have put me in the lowest pit,
 in the darkest depths.
 Wrath lies heavily upon me;
 you have shut me out from all eyes.

A prayer of David.
 1 Hear, O LORD, my righteous plea;
 listen to my cry.
 Give ear to my prayer —
 it does not rise from deceitful lips.
 2 May my vindication come from you;
 may your eyes see what is right.
 3 Though you probe my heart and examine
 me at night,
 though you test me, you will find
 nothing;
 I have resolved that my mouth will not
 sin.

BOOK OF PSALMS

DOES
 8 Keep me as the apple of your eye;
 hide me in the shadow of your wings
 from the wicked who assail me,
 from my mortal enemies who surround
 me.

10 They close up their callous hearts,
 and their mouths speak with arrogance.
 11 They have tracked me down, they now
 surround me,
 with eyes alert, to throw me to the
 ground.

12 They are like a lion hungry for prey,
 like a great lion crouching in cover.
 13 Rise up, O LORD, confront them, bring
 them down.

burning coals blazed out of it.
 9 He parted the heavens and came down;
 dark clouds were under his feet.
 10 He mounted the cherubim and flew;
 he soared on the wings of the wind.
 11 He made darkness his covering, his
 canopy around him —
 the dark rain clouds of the sky.
 12 Out of the brightness of his presence
 clouds advanced,
 with hailstones and bolts of lightning.
 13 The LORD thundered from heaven;
 the voice of the Most High resounded.
 14 He shot his arrows and scattered the
 enemy.

my God is my rock, in whom I take
 refuge.
 He is my shield and the horn of my
 salvation, my stronghold.
 3 I call to the LORD, who is worthy of
 praise,
 and I am saved from my enemies.
 4 The cords of death entangled me;
 the torrents of destruction overwhelmed
 me.
 5 The cords of the grave coiled about
 me;

and casts no slur on his fellowman.
 4 who despises a vile man
 but honors those who fear the LORD,
 who keeps his oath
 even when it hurts,
 5 who lends his money without usury
 and does not accept a bribe against the
 innocent.

He who does these things
 will never be shaken.

Psalm 16

A *miktam*^b of David.

Keep me safe, O God,
 for you I take refuge.
 The LORD, "You are my Lord;
 from you I have no good thing."
 The saints who are in the land,
 are the glorious ones in whom is
 all my delight.^c

Sorrows of those will increase
 who run after other gods.
 I will not pour out their libations of blood
 or take up their names on my lips.

5 LORD, you have assigned me my portion
 and my cup;
 you have made my lot secure.
 6 The boundary lines have fallen for me in
 pleasant places;
 surely I have a delightful inheritance.

7 I will praise the LORD, who counsels me;
 even at night my heart instructs me.
 8 I have set the LORD always before me;
 because he is at my right hand,
 I will not fall.

Psalms 46 (NIV)

¹ God is our refuge and strength, an ever-present help in trouble. ² Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, ³ though its waters roar and foam and the mountains quake with their surging.

Psalm 46 (NIV)

⁴ There is a river whose streams make glad the city of God, the holy place where the Most High dwells. ⁵ God is within her, she will not fall; God will help her at break of day. ⁶ Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts.

Psalms 46 (NIV)

⁷ The Lord Almighty is with us; the God of Jacob is our fortress. ⁸ Come and see what the Lord has done, the desolations he has brought on the earth. ⁹ He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire.

Psalms 46 (NIV)

¹⁰ He says, “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.” ¹¹ The Lord Almighty is with us; the God of Jacob is our fortress.

How can we remain unshaken when
everything around us is falling apart?

RUN TO GOD'S REFUGE

BOOK OF **PSALMS**

Psalms 46:2-3 (NIV)

² ...though the earth give way and the mountains fall into the heart of the sea, ³ though its waters roar and foam and the mountains quake with their surging.



MOUNTAINS REPRESENTED
STABILITY, THE PILLARS OF
THE EARTH.

THE SEA REPRESENTED CHAOS,
UNPREDICTABLE AND
UNTAMEABLE.

Psalm 46:1 (NIV)

¹ **God** is our refuge and strength, an ever-present help in trouble.

Psalm 46:1 (NIV)

¹ God is our refuge...

The text does not say, 'God is a refuge,'
as if He is one of many options available on
a spiritual menu. It says, 'God is **our** refuge.'
It is a declaration of **personal relocation**.

SINCLAIR FERGUSON

When your world falls apart,
where do you run first?

Psalm 46:1 (NIV)

¹ God is our...strength...

Psalms 46:1 (NIV)

¹ God is...an **ever-present help** in trouble.

ever-present help = abundantly found



How can we remain unshaken when
everything around us is falling apart?

RUN TO GOD'S REFUGE

BOOK OF **PSALMS**

REST IN GOD'S PRESENCE

Psalms 46:4 (NIV)

4 There is a river whose streams make glad the city of God, the holy place where the Most High dwells.



Source: World GeoDemo on Facebook

Psalm 46:5-7 (NIV)

⁵ **God is within her**, she will not fall; God will help her at break of day. ⁶ Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts. ⁷ **The Lord Almighty is with us**; the God of Jacob is our fortress.

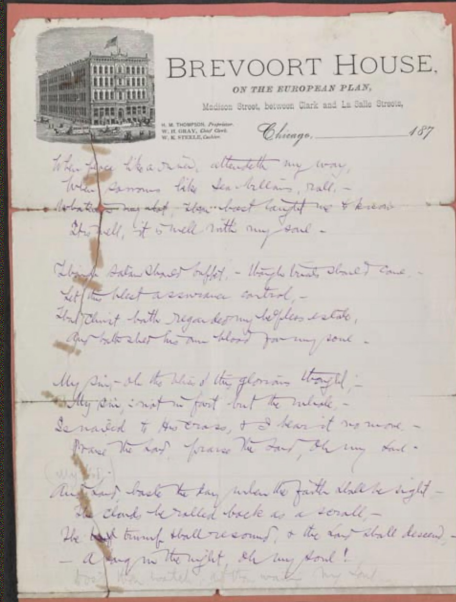


Source: hymncharts.com

Saved alone. What shall I do?

ANNA

It Is Well With My Soul



Source: loc.gov

When peace like a river attendeth my way,
When sorrows like sea billows roll;
Whatever my lot, Thou hast taught me to say,
It is well, it is well with my soul.
It is well with my soul;
it is well, it is well with my soul.

How can we remain unshaken when
everything around us is falling apart?

RUN TO GOD'S REFUGE

BOOK OF **PSALMS**

REST IN GOD'S PRESENCE

**RELY ON GOD
WHO IS IN CHARGE**

Psalms 46:8-11 (NIV)

⁸ Come and see what the Lord has done, the desolations he has brought on the earth. ⁹ He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire.

Psalms 46:8-11 (NIV)

¹⁰ He says, “**Be still, and know that I am God;**
I will be exalted among the nations, I will be
exalted in the earth.” ¹¹ The Lord Almighty is
with us; the God of Jacob is our fortress.

Psalms 46:10 (NIV)

¹⁰ ...“Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”



be still (raphah) = drop your hands

Psalms 46:9 (NIV)

⁹ He **makes wars cease** to the ends of the earth. He **breaks the bow** and **shatters the spear**; he burns the shields with fire.



Source: liberty.edu

Sometimes God permits what
He hates to accomplish what He loves.
The weaker we are, the harder we lean on
God. And the harder we lean on God,
the stronger we discover Him to be.

JONI EARECKSON TADA

What are you trying to hold together
with your own strength?

2 Corinthians 12:9-10 (NIV)

⁹ ...“My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. ¹⁰ That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

How can we remain unshaken when everything
around us is falling apart?

RUN TO GOD'S REFUGE

How can we remain unshaken when everything
around us is falling apart?

RUN TO GOD'S REFUGE
REST IN GOD'S PRESENCE

How can we remain unshaken when everything
around us is falling apart?

RUN TO GOD'S REFUGE

REST IN GOD'S PRESENCE

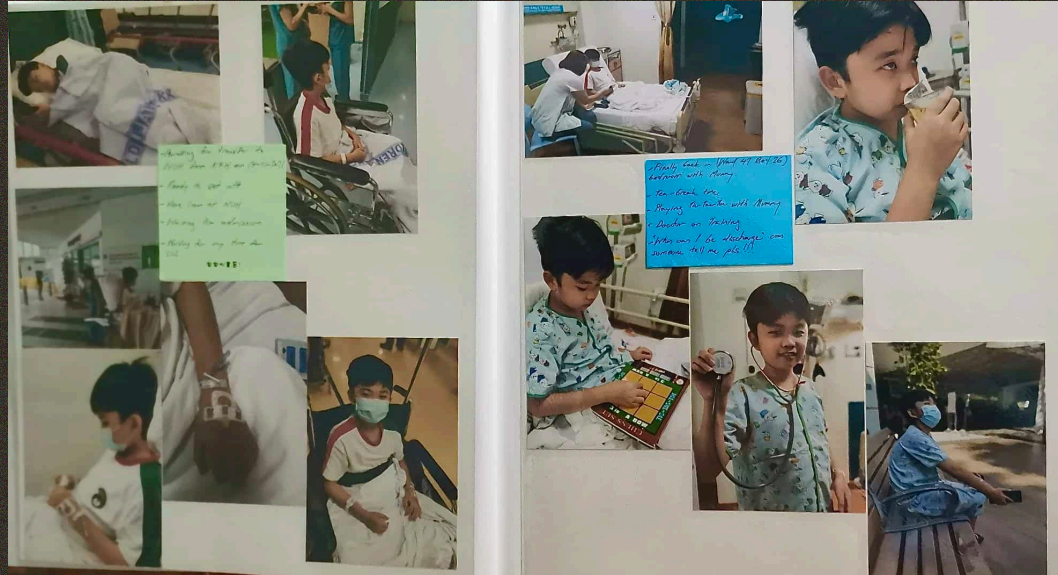
RELY ON GOD WHO IS IN CHARGE



Source: saltandlight.sg

God has been accompanying me all this while.

RYAN LIM



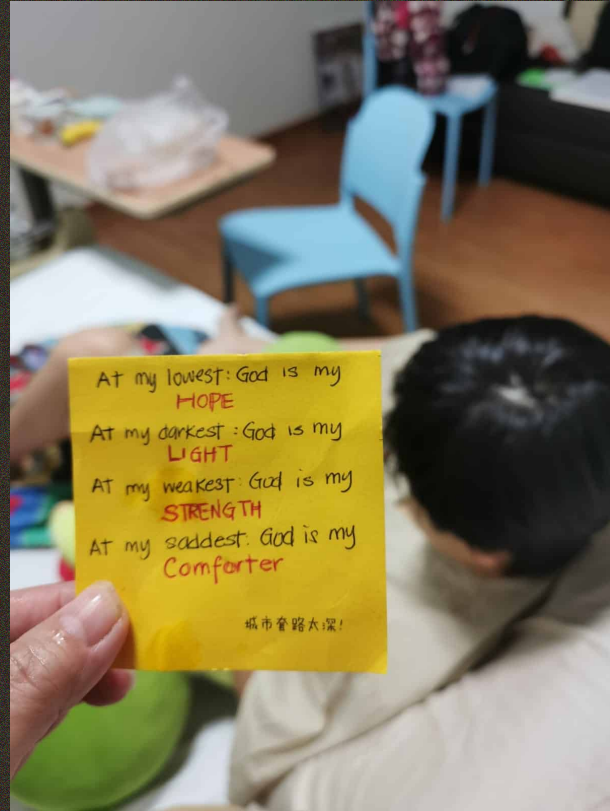
Source: saltandlight.sg



Source: saltandlight.sg

Pray for peace and that
I will be faithful to Jesus.

RYAN LIM



Source: saltandlight.sg

I know God is still in control; I talk to God more now. Before this, I only prayed before meals and only when I needed help. But now I pray more and tell Him all my problems.

RYAN LIM

So, yes, we are still looking for a suitable donor but we cast this to our Father because He knows best. He knows which is the best liver for Ryan. We can just **let go and let God because we know He will do His work.**

LIM CHENG KWAN (RYAN'S FATHER)

He will instruct him in the way chosen for him.
 He will spend his days in prosperity, and his descendants will inherit the land.
 The LORD confides in those who fear him; he makes his covenant known to them.
 My eyes are ever on the LORD, for only he will release my feet from the snare.

Psalm 88

A song. A psalm of the Sons of Korah.
 For the director of music. Accompanied by stringed instruments.
mahalath leannoth. f A maskil.
 Heman the Ezrahite.

LORD, the God who saves me,
 day and night I cry out before you.
 My prayer come before you;
 turn your ear to my cry.

My soul is full of trouble
 and my life draws near the grave.
 I am counted among those who go down
 to the pit;

I am like a man without strength,
 set apart with the dead;
 I am the slain who lie in the grave,
 and you remember no more,
 and I am cut off from your care.

You have put me in the lowest pit,
 in the darkest depths.
 Wrath lies heavily upon me;
 you have shut me out from all eyes.

A prayer of David.

1 Hear, O LORD, my righteous plea;
 listen to my cry.
 Give ear to my prayer —
 it does not rise from deceitful lips.
 2 May my vindication come from you;
 may your eyes see what is right.
 3 Though you probe my heart and examine
 me at night,
 though you test me, you will find
 nothing;
 I have resolved that my mouth will not
 sin.

BOOK OF

PSALMS

DOES
 8 Keep me as the apple of your eye;
 hide me in the shadow of your wings
 from the wicked who assail me,
 from my mortal enemies who surround
 me.

10 They close up their callous hearts,
 and their mouths speak with arrogance.
 11 They have tracked me down, they now
 surround me,
 with eyes alert, to throw me to the
 ground.

12 They are like a lion hungry for prey,
 like a great lion crouching in cover.
 13 Rise up, O LORD, confront them, bring
 them down.

my God is my rock, in whom I take
 refuge.
 He is my shield and the horn of my
 salvation, my stronghold.
 3 I call to the LORD, who is worthy of
 praise,
 and I am saved from my enemies.

4 The cords of death entangled me;
 the torrents of destruction overtook
 me.

5 The cords of the grave coiled about
 me.

and casts no slur on his fellowman,
 who despises a vile man
 but honors those who fear the LORD,
 who keeps his oath
 even when it hurts,
 who lends his money without usury
 and does not accept a bribe against the
 innocent.

He who does these things
 will never be shaken.

Psalm 16

A *miktam*^b of David.

Keep me safe, O God,
 for you I take refuge.
 The LORD, "You are my Lord;
 from you I have no good thing."
 The saints who are in the land,
 are the glorious ones in whom is
 all my delight.^c

Sorrows of those will increase
 who run after other gods.
 I will not pour out their libations of blood
 or take up their names on my lips.

5 LORD, you have assigned me my portion
 and my cup;
 you have made my lot secure.
 6 The boundary lines have fallen for me in
 pleasant places;
 surely I have a delightful inheritance.

7 I will praise the LORD, who counsels me;
 even at night my heart instructs me.
 8 I have set the LORD always before me;
 because he is at my right hand,
 I will not fall.

burning coals blazed out of it.
 9 He parted the heavens and came down;
 dark clouds were under his feet.
 10 He mounted the cherubim and flew;
 he soared on the wings of the wind.
 11 He made darkness his covering, his
 canopy around him —
 the dark rain clouds of the sky.
 12 Out of the brightness of his presence
 clouds advanced,
 with hailstones and bolts of lightning.
 13 The LORD thundered from heaven;
 the voice of the Most High resounded.
 14 He shot his arrows and scattered the
 enemy.